

SPORTSHALL ATHLETICS

Name of the Competition: Sportshall Primary

Age Group: Year 5/6

Gender: Boys and Girls

Venue: Bromsgrove School Main Arena (Worcester Road, Bromsgrove, Worcestershire, B61 7HP)

Format & Rules:

- Separate competition for boys and girls
- Maximum of 15 athletes and minimum of 9 athletes in a team
- The event consists of the following track events:
 - 1+1 Lap Relay
 - 2+2 Lap Relay
 - 6 Lap Paarlaf
 - Obstacle Relay
 - Over/Under Relay
 - 4 x 1 Lap Relay

Each requiring two girls & two boys

Each requiring four girls & four boys
- And the following 6 field events:
 - Chest Push
 - Speed Bounce
 - Standing Long Jump
 - Standing Triple Jump
 - Vertical Jump
 - Soft Javelin

Each requiring three girls & three boys
- Athletes are able to compete in a maximum of two track events and two field events
- They will accumulate points for their school as they complete events. These points will be totalled at the end of the event with the highest scoring school winning
 - Full resources including competition format, running order, team declaration sheets, scoring support and comprehensive rules and guidance notes are available at www.sportshall.org/primary/primary-sportshall-competition